

IN RESORT SERVICES
SKI & SNOWBOARD LESSONS - 2007 – 08

ESF

Whatever your level, whether you are a beginner learning to snowplough for the first time or an experienced skier looking to improve your off piste or mogul skills, you can always learn more!

Pre-book your lessons and make sure of your place – all very simple:

- 1) check which level you are
- 2) decide if you want a group or private lesson
- 3) complete this form and return it to us.
- 4) start to get excited about your ski holiday!

Easy as sliding down the hill!!

If you have any questions at all about which lessons are most suitable do not hesitate to call or email us.

CLIENT DETAILS

Party Leader name		Holiday arrival date	
Home address		Telephone number	
Holiday address		Mobile number	
1 st day skiing		Last day skiing	

LESSON DETAILS

	Total no. of courses / lessons	Total €
Adults lessons		€
Children's Lessons		€
	TOTAL	€

Payment

We will accept payment by either credit or debit card (sorry but we cannot accept Amex, Diners or Maestro). The total amount will be debited on receipt of your booking and will then issue you with a voucher for lessons.

I confirm that I want to pre-book the ski lessons as detailed above and to have this amount deducted from this card. I have checked the details and understand that once paid this cannot be refunded.

Name on Card	Billing Address (if different from above)	Expiry Date:	CSV no: (last 3 digits)
Card Number			

Name: _____

Date: _____

Signed: _____

Please fax this form back to 0870 068 7668
and post the original to us at
Altitude, Suite 787, 2 Old Brompton Road, London SW7 3DQ

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SKIING - ADULTS (16 years and above)

What Level am I?

I have never skied or very little.	beginners
I'm starting to make snowplough turns, stop, and take the ski lift, I manage green runs	level 1
I can turn with my skis parallel, finish in sideslip, I manage red runs	level 2
I make parallel turns on all types of snow and runs	level 3
I am a good skier, I like to go off-piste, I like bumps, and I know how to slalom a little	Grand Massif discovery Grand Tourisme
I like red and black runs. I am preparing to get the chamois and flèche badge. I am 16 or over	Competition

GROUP LESSONS

Date	Lesson	Times	Price
22 nd December – 5 th January	Sunday – Friday Monday – Saturday	13.00 – 16.00 09.00 – 12.00	€150 €150
5 th January – 2 nd February	1 st Lesson – on Sunday afternoon Then 5 lessons Monday – Friday mornings	13.00 – 16.00 09.00 – 12.00	€139
2 nd February – 8 th March	Sunday – Friday Monday – Saturday	14.00 – 17.00 09.00 – 12.00	€150 €150
8 th March – 19 th April	1 st Lesson – on Sunday afternoon Then 5 lessons Monday – Friday mornings	14.00 – 17.00 09.00 – 12.00	€139

FREESKI GROUP

Date	Lesson	Times	Price
22 nd December – 5 th January	Sunday – Friday	13.00 – 16.00	€143
2 nd February – 8 th March	Sunday – Friday	14.00 – 17.00	€143

COMPETITION GROUP LESSONS

Date	Lesson	Times	Price
22 nd December – 5 th January	Monday - Saturday	09.00 – 14.00	€246
2 nd February – 8 th March	Monday - Saturday	09.00 – 14.00	€246

PRIVATE LESSONS

Date	Times	2 hours	½ day	full day
22 nd December – 5 th January	morning or afternoon	€75	€347	€560
5 th January -2 nd February	morning or afternoon	€68	€250	€400
2 nd February – 8 th March	12.00 – 14.00 only	€75	€347	€560
8 th March – 19 th April	morning or afternoon	€68	€250	€400

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SKIING - CHILDREN (5 – 15 YEARS OLD)

What Level am I?

I have never skied or very little. I am working on getting the flocon/snowflake badge	beginners
I have the flocon/snowflake badge, I make snowplough turns, I take the ski lift	level 1
I have the first étoile/star, I set my skis parallel when I sideslip at the end of a turn	level 2
I have my 2nd étoile /star, my skis are almost always parallel and I know how to sideslip	level 3
I have the 3rd étoile /star, I turn with skis parallel on all slopes, I like to schuss and jump off bumps	étoile d'or/ gold star
I want to start doing slalom, I want to get the flèche badge	junior competition
I want to get the chamois badge	

GROUP LESSONS

Date	Lesson	Times	Price
22 nd December – 5 th January	Sunday – Friday Monday – Saturday	13.00 – 16.00 09.00 – 12.00	€139
5 th January -2 nd February	1 st Lesson – on Sunday afternoon Then 5 lessons Monday – Friday mornings	13.00 – 16.00 09.00 – 12.00	€122
2 nd February – 8 th March	Sunday – Friday Monday – Saturday	14.00 – 17.00 09.00 – 12.00	€139
8 th March – 19 th April	1 st Lesson – on Sunday afternoon Then 5 lessons Monday – Friday mornings	14.00 – 17.00 09.00 – 12.00	€122

MINI GROUP LESSONS: 3 – 7 People per group – Child Beginners + Levels 1, 2 & 3 ONLY

Date	Lesson	Times	Price
2 nd February – 8 th March	Monday – Friday	12.00 – 14.00	€120

FREESKI GROUP JUNIOR – 12 – 15 YEARS OF AGE

Date	Lesson	Times	Price
22 nd December – 5 th January	Sunday – Friday	13.00 – 16.00	€143
2 nd February - 8 th March	Sunday – Friday	14.00 – 17.00	€143

COMPETITION GROUP LESSONS – CHILDREN

Date	Lesson	Times	Price
22 nd December – 5 th January	Monday - Saturday	09.00 – 14.00	€246
2 nd February – 8 th March	Monday - Saturday	09.00 – 14.00	€246

PRIVATE LESSONS

Date	Times	2 hours	½ day	full day
22 nd December – 5 th January	morning or afternoon	€75	€347	€560
5 th January – 2 nd February	morning or afternoon	€68	€250	€400
2 nd February – 8 th March	12.00 – 14.00 only	€75	€347	€560
8 th March – 19 th April	morning or afternoon	€68	€250	€400

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SNOWBOARDING ADULTS & CHILDREN

SNOWBOARD GROUP LESSONS – ADULTS AND CHILDREN (From 8 years old)

Date	Lesson	Times	Price
22 nd December – 5 th January	Sunday – Friday	13.00 – 16.00	€150
2 nd February – 8 th March	Sunday - Friday	14.00 – 17.00	€150
29 th March – 19 th April	Sunday - Friday	14.00 – 17.00	€150

SNOWBOARD PRIVATE LESSONS

Date	Times	1h 45mins
22 nd December – 5 th January	morning or afternoon	€75
5 th January – 2 nd February	morning or afternoon	€68
2 nd February – 8 th March	12.00 – 14.00 only	€75
8 th March – 19 th April	morning or afternoon	€68